

Discussion Questions About Mental Health

How do we know students are struggling with emotional stress? As individuals and also as an environment, what do we see?

What behaviors both individual and institutional allow us to reach out to struggling students or those worried about a struggling student?

What approaches and programs of assistance have intrinsic appeal to students?

How do we let students know it is okay to ask for help?

What would faculty say about your behavioral intervention approach?

Where does the institution draw the line on behavioral/mental health issues? When do you know this is more than you can handle?